

Osteoporosis Canada

Ostéoporose Canada

January 2012

# SAC Link

Osteoporosis Canada's Scientific Advisory Council

## Winter Edition 2012

**Executive Committee:** Dr. Bill Leslie (Chair), Dr. Angela Cheung (Vice Chair), Dr. Alexandra Papaioannou, Dr. Earl Bogoch, Dr. Sid Feldman, Dr. Stephanie Kaiser, Dr. Sumit Majumdar, Dr. Heather McDonald-Blumer, Dr. Suzanne Morin, Dr. Irene Polidoulis

**Guidelines Committee:** Dr. Suzanne Morin (Chair), Dr. Angela Cheung, Dr. Heather Frame, Dr. Sumit Majumdar, Dr. Lynn Nash, Dr. Lianne Tile, Dr. Robert Josse, Dr. Maureen Ashe,

**Research Committee:** Dr. Angela Cheung (Chair), Dr. Jane Aubin, Dr. Debra Butt, Dr. Lora Giangregorio, Gezina Ilse (COPN), Dr. Susan Jaglal, Dr. Mohit Bhandari, Dr. Alexandra Papaioannou

**Nominating Committee:** Dr. Stephanie Kaiser (Chair), Dr. Earl Bogoch, Dr. Anthony Hodsman, Dr. Robert Josse, Dr. Suzanne Morin, Dr. Alex Papaioannou

### STAFF SUPPORT TO SAC

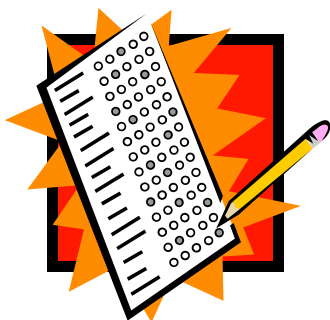
Dr. Famida Jiwa, President & CEO

Kerry Grady MHS, RD Senior Manager,  
Clinical & Scientific Programs

### SAC Link Satisfaction Survey

Currently the SAC Link comes out 4 times a year - Please take a few minutes for a quick survey regarding your satisfaction with this newsletter:

[Click here to take the survey](#)



### FOCUS on Advocacy Inaugural Forum

Osteoporosis Canada hosted its Inaugural FOCUS Forum on November 12-14, 2011. The Focus Forum was attended by a multi-disciplinary group of health professionals and Osteoporosis Canada (OC) volunteers from across Canada.

Compelling presentations from members of Osteoporosis Canada's Scientific Advisory Council highlighted a variety of research studies on different interventions which have been piloted both in Canada and internationally, including their effectiveness and challenges. Also inspirational were an expert presentation of a real world experience that has proven effective (Glasgow's Fracture Liaison Service) in the UK; and additional sessions on advocacy techniques to help develop an advocacy strategy appropriate for each province.

Armed with the latest evidence based information and the experiences of top advocacy experts, the FOCUS Forum participants then discussed the individual needs of each province and systematically developed specific mechanisms to address the problem of the osteoporosis care gap region by region. These plans will soon be introduced to each provincial government for the purpose of influencing policy makers to make the necessary health system changes that we hope will significantly reduce fracture risk among Canadians.

The end result is that an enthusiastic and committed group of volunteers from each province have returned home to work with their provincial governments in the implementation of practical strategies aimed at finally closing Canada's Osteoporosis Care Gap.

Congratulations to Dr. Diane Theriault and Marg McDonnell, National Co-Chairs of the Advocacy Working Group, on a job well done.

Dr. Bill Leslie, the Chair of the SAC, summed it up best by saying....."The enormity and significance of what was achieved in Toronto cannot be overstated. We may well look back one day and see that the transformation of post fracture care in Canada began with the Inaugural FOCUS Forum. And we will remember that it began with two visionaries."



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### WELCOMING OUR NEW SAC MEMBERS

**Dr. Maureen Ashe PhD, PT**



Specialty: Physical Therapy  
Assistant Professor  
University of British Columbia  
Department of Family Practice  
Centre for Hip Health and Mobility

**Dr. Mohit Bhandari MD, PhD, FRCSC**



Specialty: Orthopaedics  
Professor and Academic Chair  
Division of Orthopaedic Surgery  
Canada Research Chair in Surgical Outcomes  
Executive Director, Centre for Evidence Based Orthopaedics  
McMaster University

**Dr. Robert Bleakney MD, FRCPC**



Specialty: Radiology, Musculoskeletal Imaging  
Staff Musculoskeletal Radiologist  
Joint Department of Medical Imaging  
Mount Sinai Hospital  
Assistant Professor – University of Toronto

**Dr. Lianne Tile MD M Ed FRCPC**

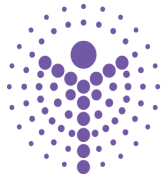


Specialty: General Internal Medicine  
Assistant Professor, University of Toronto  
Member, Division of General Internal Medicine, University Health Network, Toronto  
Medical Director, Osteoporosis Clinic, University Health Network Toronto

**Dr. Norma MacIntyre BScPT, MSc, PhD**



Specialty: Physiotherapy  
Assistant Professor  
School of Rehabilitation Science  
Faculty of Health Sciences  
McMaster University



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### WELCOMING

### OUR NEW SAC MEMBERS CONTINUED

**Dr. Wendy Ward M. Sc, PhD.**



**Specialty: Nutritional Sciences  
Bioactive Components in Foods;  
Soy  
Flaxseed**

Associate Professor and Canada Research Chair (Tier 2)  
Department of  
Kinesiology, Faculty of Applied Health Sciences, Brock  
University

Cross-Appointment, Department of Community Health  
Sciences, Faculty of  
Applied Health Sciences, Brock University

### New SAC Committee Membership

#### **SAC Executive Committee**

Bill Leslie, Chair  
Angela Cheung, Vice Chair  
Alex Papaioannou, Past Chair  
Irene Polidoulis  
Stephanie Kaiser  
Sumit Majumdar  
Sid Feldman  
Earl Bogoch  
Suzanne Morin  
Heather McDonald-Blumer

#### **Guidelines Committee**

Suzanne Morin, Chair  
Bill Leslie (ex officio)  
Lianne Tile  
Angela Cheung  
Heather Frame  
Sumit Majumdar  
Lynn Nash  
Robert Josse  
Maureen Ashe

#### **Research Committee**

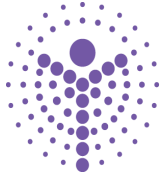
Angela Cheung (Chair)  
Bill Leslie  
Susan Jaglal  
Mohit Bhandari  
Jane Aubin  
Lora Giangregorio  
Alexandra Papaioannou  
Debra Butt  
Ina Ilse

#### **Nominating Committee**

Stephanie Kaiser (Chair)  
Bill Leslie  
Suzanne Morin  
Robert Josse  
Alexandra Papaioannou  
Anthony Hodsman  
Earl Bogoch

#### **COPN Review Committee**

Irene Polidoulis (Medical Chair)  
Heather McDonald-Blumer  
Rowena Ridout



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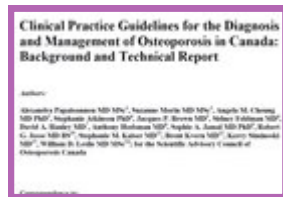
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### 2010 OC Guidelines Tools

The OC website has a rich collection of tools related to the 2010 OC Guidelines (<http://www.osteoporosis.ca/multimedia/tools.html>). Please make use of them in your teaching and practice.



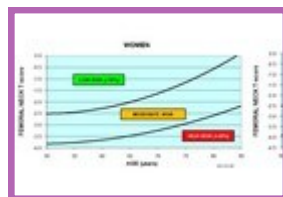
**2010 Clinical Practice Guidelines for the Diagnosis and Management of Osteoporosis in Canada: Summary**



**2010 Clinical Practice Guidelines for the Diagnosis and Management of Osteoporosis in Canada: Background and Technical Report**



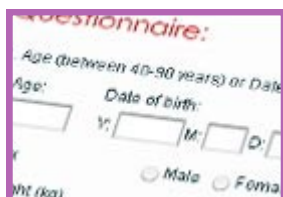
**Guidelines - Quick Reference Guide**  
A quick-reference summary of the most important recommendations from the 2010 Guidelines



**CAROC**  
Canadian Association of Radiologists and Osteoporosis Canada Risk Assessment tool.



**Fracture Risk Assessment Tool**  
This app conveniently provides healthcare professionals with a calculator to determine fracture risk.



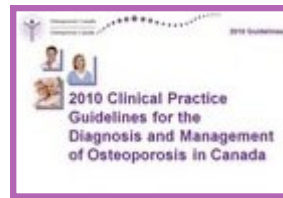
**FRAX - Canada**  
On-line calculator of WHO fracture risk assessment tool (FRAX)



**Appendix 1: Background materials for 2010 Clinical Practice Guidelines for the Diagnosis and Management of Osteoporosis in Canada**



**Guidelines Executive Summary**  
A 2-page summary of the 2010 Clinical Practice Guidelines.



**Guidelines Slide Set**



**Case Studies**



**Patient Order Set**  
Family Physician Information Form



**Patient Order Set**  
Osteoporosis and Fragility Fracture Management Order Set