



Osteoporosis Canada

Ostéoporose Canada

# SAC Link

Osteoporosis Canada's Scientific Advisory Council

## Spring 2015

### THANK-YOU

April 12—18th was National Volunteer Week and Osteoporosis Canada wants to say thank-you once more to our SAC for the time and energy you give to Osteoporosis Canada and your communities on our behalf.

### LINDY FRASER AWARD 2015

Osteoporosis Canada is inviting nominations for the 2015 Lindy Fraser Memorial Award. This award recognizes individuals who have made an outstanding contribution to the field of osteoporosis research and education in Canada. Please e-mail your nomination, with a brief letter highlighting why the nominee is worthy of this honour, to [kgrady@osteoporosis.ca](mailto:kgrady@osteoporosis.ca) by Friday June 19, 2015.

Past recipients are:

1994 Dr. Joan Harrison  
1995 Dr. Edmund Yendt  
1996 Dr. George Jaworski  
1997 Dr. Harold Copp  
1998 Dr. Timothy Murray  
2002 Dr. Jonathan Adachi  
2003 Dr. Alan Tenenhouse  
2004 Dr. Jacques Brown and Dr. Robert Josse  
2005 Dr. Alexandra Papaioannou  
2006 Dr. David Hanley  
2007 Dr. Anthony Hodsman  
2008 Dr. William Leslie  
2009 Dr. Suzanne Morin  
2010 Dr. Angela Cheung  
2011 Dr. Brian Lentle  
2012 Dr. David Goltzman  
2013 Dr. Earl Bogoch  
2014 Dr. Diane Theriault

### GETTING INVOLVED

The SAC is seeking nominations (including self-nomination) to its standing committees to replace committee members coming to the end of their terms. Terms will begin in September 2015. Current committees include: Guidelines, Research, Development (Formerly Nominations), and Knowledge Translation. Please drop Kerry a note to express your interest in a specific committee.

OC is very thankful for all SAC consultants who have generously donated of their time and expertise over the past years. OC understands that it is difficult to maintain this high level of commitment, and sincerely understands if an individual wishes to step down and allow for new people to join the SAC..

Please watch your mail box for the 2015 Conflict of Interest form—all SAC members are required to complete annually.

### OC SAC INTRANET

Watch your mailboxes for upcoming information about an intranet being developed for SAC members. Members will be able to upload and download teaching tools to share amongst each other. It should be ready for use by the end of June. Each SAC member will be assigned a private password to access the intranet.

### ASBMR BREAKFAST 2015

OC will be hosting a breakfast at ASBMR in Seattle. It is planned for Saturday October 10th at 6:30 AM. Further details to follow.

Please RSVP to Kerry if you plan to attend [kgrady@osteoporosis.ca](mailto:kgrady@osteoporosis.ca)

### OC AGM

OC's AGM will be held in Toronto on Sept. 19th 2015 at 9:00 AM at the *Holiday Inn Toronto International Airport, 970 Dixon Road, Toronto*. Everyone is welcome to attend.



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### NEW GUIDELINES UNDER DEVELOPMENT

#### Guidelines for Screening for Vertebral Fractures

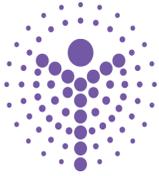
The vertebral fractures guidelines project started in September 2014 and its aim is to develop Canadian clinical practice guidelines for screening for asymptomatic vertebral fractures. Vertebral fractures are among the most common osteoporotic fractures and in more than two thirds of cases they are asymptomatic. The guidelines process is being guided by the GRADE framework, as part of which a systematic review has been conducted to identify key clinical indicators or risk factor for having a vertebral fracture present. Patient preferences are also being examined as part of this process, and a questionnaire is underway to assess various patient or caregiver considerations around screening for vertebral fractures that patients may encounter.

#### Guidelines for AFF

Dr. Angela Cheung and Dr. Suzanne Morin recently received CIHR funding to support the development of Canadian-based Atypical Femoral Fracture (AFF) Guidelines. Key experts have been recruited to assist in the development of consensus recommendations for screening, and medical, surgical and rehabilitative management of AFFs in Canada.

Over the past ten years, various published case reports, case series and cohort studies have described the occurrence of AFFs (largely among patients using anti-resorptive therapy) as being a potential adverse effect of long-term bisphosphonate use and more recently, denosumab use. There are currently no Canadian clinical guidelines surrounding the diagnosis and management of these fractures.

Recommendations will follow the GRADE (Grading of Recommendations Assessment, Development, Evaluation) process and will include input from various experts across Canada, including internists, geriatricians, endocrinologists, radiologists, orthopaedic surgeons, a GRADE expert, national stakeholders, etc. Guidelines will be disseminated through a publication as well as various knowledge translation tools and strategies (e.g. slide decks, quick guides, identification of areas where research is needed and sharing these with scientific experts for future collaborations, collaboration with the College of Family Physicians, the Canadian Orthopaedic Association, and the Canadian Association of Radiologists to develop an educational intervention and evaluate knowledge use, and the development of a strategy to disseminate knowledge to targeted patient groups and policy makers. Expected results include (i) a set of consensus recommendations for physicians and health care providers for the screening and management of AFFs in Canada, developed by experts in Canada, under the auspices of Osteoporosis Canada, (ii) a network of stakeholder partner organizations endorsing these consensus recommendations and disseminating them to their constituents, and (iii) a peer-reviewed publication in a Canadian general medical journal, as well as the development of knowledge translation material. As CIHR funding totaled \$10,000, we are looking for funding and partnerships to complete this work.



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### Let's Get Social! Help Us Grow Our Community. Connect with us...

As Osteoporosis Canada continues to raise funds and move forward in its mission and vision to engage, educate and advocate for bone health and the risk reduction and treatment of osteoporosis, we ask that our supporters help us grow the reach of our organization.

With 2 million Canadians affected by this disease we want to make sure to get the word out to as many people as possible, as often as possible and we need your help!

In addition to providing information on our website, through newsletters, public events and in traditional media forms we have been putting efforts behind social media, specifically Face-book and Twitter. With the explosion of online sites in the past 10 years such as these, not on-lee is this a new way to communicate and engage the public, but it is a new way that people are choosing to receive their communication from us.

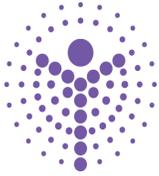
If you have a Facebook or Twitter account please "like" us or "follow" us for updates and other information.

Osteoporosis Canada is targeting 5000 Facebook likes and 1000 Twitter followers and we are asking that you connect with us to help make this happen!

***Here is how to connect with Osteoporosis Canada:***

Visit our Twitter site <https://twitter.com/OsteoporosisCA> or Twitter handle @OsteoporosisCA

Visit our Facebook page <https://www.facebook.com/osteoporosiscanada>



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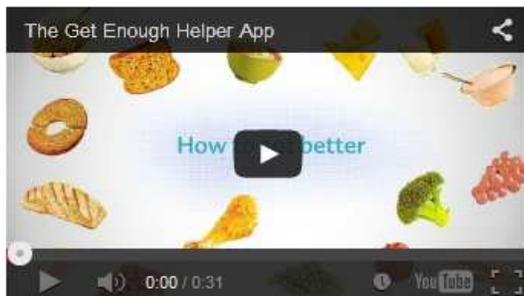
## Spring 2015

### Help Osteoporosis Canada Raise \$50,000!

When you download the *GetEnough Helper App* and track your daily food intake, Dairy Farmers of Canada will donate \$1 for every day you use the app.

It's free. It's easy to use.  
All in support of Osteoporosis Canada.

#### GetEnough Helper App



#### Follow These 3 Easy Steps:



**STEP 1**

Download the mobile app



**STEP 2**

Click on our logo to support Osteoporosis Canada



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**STEP 3**

Track your food intake daily

*Thank You For Supporting Osteoporosis Canada!*