

Osteoporosis Canada

Ostéoporose Canada

SAC Link

Osteoporosis Canada's Scientific Advisory Council

Summer 2013

Reserve the Date!

July 18, 2013

The 2nd SAC TELECONFERENCE is planned for THURS. July 18th, 2013 at 6pm ET. Please reserve this date in your calendar. Details to follow.

2nd ANNUAL ASBMR OC BREAKFAST

OC will be hosting a breakfast at the Hilton Baltimore on Saturday October 5th from 6:30—8:00 AM. Please RSVP to Kerry if you plan to attend.

New Online Accredited Program – Osteoporosis: A Practical Clinical Approach

osteoporosis.machealth.ca

This web-based program is a collaboration between the Ontario College of Family Physicians, McMaster University, Osteoporosis Canada, and osteoporosis experts across the country. The program was developed to provide primary care providers a central access point to recommended tools and education. Funded by the Government of Ontario.

Description

Learn the 3 secrets to a practical and evidence-based clinical approach to osteoporosis.

Goals

Improve evidence-based assessment and recognition of osteoporosis, including risk factors such as fragility fractures and how to use a fracture risk assessment tool. Improve treatment and management of osteoporosis, and those at risk.

Audience

- Physicians and other Health Professionals
- Health Professional Trainees

Development Team

Dr. Alexandra Papaioannou, Dr. Lynn Nash, Dr. Anthony J Levinson, Ms. Lisa Colizza and the Division of e-Learning Innovation, McMaster University; Dr. Suzanne Morin; Dr. Heather Frame; Dr. Daniel Ngui; the Ontario College of Family Physicians; and Osteoporosis Canada. See Program Team page for more information.

This program has been accredited by the College of Family Physicians of Canada for up to 1.5 Mainpro-M1 credits.

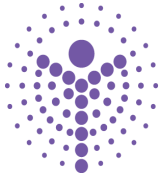
For More information:
osteoporosis.machealth.ca

osteoporosis.machealth.ca

Professional Resources Multimedia Modules Discussion Forums

Get great osteoporosis management tools and resources, and learn the 3 secrets to an evidence-based clinical approach.

machealth+



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St. Michael's Post Fracture Osteoporosis Clinic

At St. Michael's Hospital a Post Fracture Osteoporosis Clinic has been established for the investigation and treatment of fragility fracture patients who have been referred from fracture clinic for fracture secondary prevention. This is a collaborative program of Dr. Bob Josse, Victoria Elliot-Gibson, Dr. Earl Bogoch and the Metabolic Bone Diseases Clinic and the Division of Orthopaedic Surgery. The purpose is to provide essential fracture prevention services for a pure cohort of post fragility fracture patients, in an environment where this subject can be taught to orthopaedic residents.

All University of Toronto orthopaedic residents, when rotating through the St. Michael's Hospital Orthopaedic Division for their trauma rotations, are scheduled into an afternoon clinic with Dr. Josse or one of the other metabolic bone specialists. They see a series of fracture clinic patients, investigate them and design secondary fracture prevention for them.

This program has been well received by the residents and by the Program Director of Orthopaedic Surgery. The program has been deemed the Collaborator Role training environment for the RCPSC CANMEDS requirements for the orthopaedic training program.

Breaking News on Broken Bones (BNBB)

Help spread the news about broken bones

Osteoporosis Canada (OC) is working hard to spread the news about the importance of broken bones and has dedicated the week of September 23rd, 2013 as **Breaking News on Broken Bones** (BNBB) awareness week, also known as the BNBB blitz week. You're invited to help get the word out by become an ambassador and help spread the news about how to reduce the risk of broken bones.

BNBB is an overarching initiative that consists of several OC components such as the Make Your FIRST Break Your LAST patient brochure, bookmark, poster, floor banner, and PowerPoint presentation, as well as Stand Tall Canada program materials, that focus on a common goal – to help reduce the risk of breaking more bones among Canadians who have had a fragility fracture and may have osteoporosis. They also deliver a common message - if you've had a fragility fracture, get assessed, there are treatments to help prevent more fractures.

Help us to spread the word. Watch your mailbox for more details. If you would like more information in the meantime, please contact Kerry kgrady@osteoporosis.ca.





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BEYOND THE BREAK

EDUCATION SERIES
WINTER/SPRING 2013

Osteoporosis Canada and Women's College Hospital have collaborated on the development of an inter professional education series, "**Beyond the Break**" presented via telemedicine. Targeted towards health professionals working with people living with osteoporosis, this modular series is designed to provide updates on the latest advances in recognition, diagnosis, treatment and education on osteoporosis. For anyone that may have missed or would like to view the Beyond the Break presentations, they are available for viewing on the OTN (Ontario Telemedicine Network website). For more details to access these presentations go to the [Beyond the Break](#) web page by clicking [here](#).

We encourage you to forward this information to health professionals that may be interested in participating in one or more of the sessions.

Research Committee Update

Tim Murray 2013 Awards

Three students are receiving Tim Murray Travel Awards in 2013:

- a) **Kyla Naylor** from Western University will be travelling to the American Society of Nephrology's Kidney week to present a paper entitled "Osteoporotic Fracture Risk in Adult Chronic Kidney Disease Patients"

- b) **Janet Prichard** from McMaster University will travel to present research at the European Calcified Tissue Society Annual Meeting in Lisbon, Spain. Her paper is entitled: "Correlates of tissue mineral density of bone samples from total hip arthroplasty patients with type 2 diabetes: an ex vivo study".

- c) **Lauren Burt** from the University of Calgary will travel to present at ASBMR. The abstract being submitted outlines true age-related changes in bone quality as identified by high resolution peripheral quantitative computed tomography within a normal Canadian co-hort. This work uses novel longitudinal data and will add to the knowledge base within the field of bone loss and skeletal health.

One new **CIHR SHOPPE** awardee is being funded in 2013-2015:

Marta Erlandson - The title of her project is:
The relationship between muscle mass, density and size to functional measures in pre and post menopausal women.

CaMos—**Kyla Naylor's** project entitled "Evaluation of FRAX in Chronic Kidney Disease Patients: The Canadian Multicentre Osteoporosis Study" will be funded in 2013.

Updates to follow in the next issue of SAC Link



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Knowledge Translation Committee Update

The KT committee is now off the ground and has its membership completed. We have formed 3 subcommittees to move forward the work plans - Primary Care/Medical Specialists, Diagnostic Imaging and Orthopedic Surgeons. Each subcommittee is tasked with continuing the work plans which were developed by the Highest Risk Patient Health Care Professional Working Group. As an example, the DI committee is working with CAR on an initiative that would provide radiologists with approved wording for recommending further investigation or treatment of osteoporosis when reporting typical OP fractures.

Rapid Response Committee Update

The Rapid Response Committee informs the public and medical community regarding updates on new research findings pertaining to the diagnosis and management of osteoporosis. We draft a response to news items providing a scientific evidence based summary pertaining to the news item. The response is drafted within 24 hours and following approval by the executive committee (within another 24 hours) it is posted.

SAC COPN Scientific Review Committee Update

The SAC COPN Scientific Review Committee currently consists of Irene Polidoulis (Chair), Debra Butt and Rowena Ridout. We have now updated all of [OC's Fact Sheets](#), which can be found by clicking [here](#). These are great resources for you and your patients on the topics of Exercise, Nutrition, Drug Treatments, Diagnosis, Osteoporosis & Osteoarthritis, Men & Osteoporosis and Secondary Osteoporosis.

In addition, with the help of Lora Giangregorio, Judi Laprade and the COPING newsletter subcommittee, the review team recently finished an [8-part series on Exercise in Osteoporosis](#) which can also be found on the OC website under [COPING Archives](#). This section is another excellent resource for COPING newsletters which can be found on topics ranging from personal stories to fall prevention, from how to maximize bone health to how to prepare for their doctor's visit. All of these make excellent patient handouts which are guaranteed to give your patients (and some of you) the latest information on Osteoporosis while saving you time in patient education.

All SAC members *and their patients* deserve to benefit from COPN's free membership. Again, on the OC website toolbar, go to Osteoporosis & You, COPN, [Join COPN](#). It just takes 30 seconds to sign up yourself or your patient to receive a free electronic newsletter (COPING) every second Friday. If your patient has no computer, simply indicate this in the "Other" box and he or she will receive a quarterly mailout of all COPN newsletters. Think of all the fractures you could prevent just by signing them up!!!

